

WHAT'S THE POINT?



CONTACT US



310.568.6611



University Advising
Academic Resource Center
Daum Hall
1 LMU Drive,
Los Angeles, CA 90045



advising@lmu.edu



<http://academics.lmu.edu/arc/>

- To review and reflect on your progress in the course.
- To revisit your academic goals for the course and to discuss your plans in achieving them.
- To be more informed for when you create a study plan for the final exam, paper, or project.
- To clarify any lingering questions regarding course content, readings, or lecture.
- To bridge final connections between course objectives and what you have learned throughout the semester.



OFFICE HOURS 101

PART 3: FINALS

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BEFORE OFFICE HOURS

- Review prior assignments and identify any lingering questions or concerns.
- Check your grades online for any recorded errors.
- If possible, calculate your current grade and determine the grade needed on the final to meet your course goal.



AFTER OFFICE HOURS

- Use the information from office hours to draft a study plan (see next panel).
- Incorporate new knowledge from office hours into your notes.
- Dedicate sufficient time to execute your study plan and remain committed to your course goals.

CREATING A STUDY PLAN

Step 1

Determine the exam format and the content that will be covered.

Step 2

Organize your notes clearly (thematically, chronologically, etc.).

Step 3

Identify specific study strategies that you will use (outlines, study groups, self-testing, drawing diagrams, etc.).

Step 4

Create and commit to a study schedule leading up to the exam.

Step 5

Self-regulate your progress and modify your plan as necessary.

Source: Dembo, Myron H., and Helena Seli. "Motivation and Learning Strategies for College Success: A Focus on Self-Regulated Learning". 4th ed., Routledge, 2013.



CONSIDER THIS

Questions to consider in your final meetings with the professor:

How will the final be similar to or different from the midterm?

Is the final cumulative? If not, which topics will/will not be covered?

Will grades be posted for all completed assignments prior to the final?

I noticed that points were deducted on (an assignment). Could you help explain why this concept is wrong?

This is my understanding of (a topic). Am I understanding this concept correctly?

Should I focus more of my time on the class readings or lecture notes?

Is there a specific study strategy that you would recommend for me as I prepare for the final?

Do you have any last advice for me as I prepare for the final?